



Special Diet Requirement Form

Please note we can only cater for special diets and not fussy eaters

Please complete this form if specific dietary management details are required.

Name of Individual

School Camp Dates

Parent/ Guardian name Contact Phone

Special diets/ food allergies

Blue Light Youth Camp catering staff are trained in menu and meal preparation for students and adults with a range of dietary requirements. Please provide details for the person named above:

1. Name of special diet or type of food to be avoided (please specify)

- checkbox nuts checkbox diabetic checkbox vegetarian checkbox vegan checkbox dairy checkbox gluten checkbox eggs checkbox halal checkbox fructose checkbox other

e.g. can not have full cream milk but can have dairy in cooked food (cakes, biscuits, cheese on spaghetti)

2. The reason for avoidance

- checkbox severe allergy checkbox mild allergy checkbox intolerance checkbox cultural/ religious requirement checkbox other

3. Are they ANAPHYLACTIC? (please circle)

YES

NO

4. If yes, do they have a action plan for anaphylaxis?

YES

NO

5. If a food avoidance, can the person have products LABELLED may contain traces? e.g. nuts, gluten, egg & dairy (please tick if YES)

Products could include bread, cake, crumbed chicken etc.

- checkbox 'may contain traces of nuts' checkbox 'may contain dairy' checkbox traces of egg checkbox other

If you have any questions in regards to this form or your childs specific dietary needs please call the office at the Blue Light camp on (03) 5475 2033