

RACE REPORT

Plowright and Ritter the King and Queen of Mt Tarrangower

A total of 139 entries for the Blue Light Heart of the Goldfields Adventure attacked Mt Tarrangower by foot on a beautiful morning for running and walking on Sunday. An attack maybe not seen in this intensity since Mt Franklin blew its top and tried to shower Mt Tarrangower with its volcanic power a few thousand years ago to borrow a story from our First Nations people.

Blue Light was ecstatic with the turnout for the inaugural event at a busy time for trail running and walking. The feedback has been unbelievable. Immediately after the event we have people comparing the scenery as good and if not better than the popular 'Run The Gap' at the Grampians that attracts 800+ entrants. It is somewhere in the longer term we want to head numbers wise through word and mouth as often these events start small until they gain a reputation.

The variety of terrain and the panoramic views will be always strength of this event and if participants spread the word then it hopefully puts Maldon on the map for trail events, which will be also an added boost for the local economy. It will also mean we can add some extra benefits on the day to the stakeholders.

Thoughts for the Event Organisers are to offer an ultra-marathon in the events future to spread its popularity and provide additional variety.

In the 18km event it was Daniel Plowright from Kangaroo Flat crossing the line first in a time of 1:31:16. A handy time for an athlete that is normally suited to the flatter cross country events in Bendigo and the flat athletics track compared to the 650 metres of elevation in this event. Plowright has hinted he may turn to trail running after this encouraging result.

Emily Ritter was first female over the line in a time of 1:40:33 and was fourth over the line overall. The long striding 26 year old from Prahan was third in the Eureka Stair Climb in November 2018 so the hills of Mt Tarrangower were not going to daunt her.

Placegetters in the male event for the 18km were Liam Johnson from Newington who was 92 seconds behind Plowright. In third place was Bill Meeker from Black Hill a further 5 minutes behind Johnson.

Behind Ritter in the female event was Toni Gracia of Swan Hill just 3 minutes back and the evergreen Jo-Anne Russell of Bendigo in third place. Russell was also the winner of the 55+ female category.

First local athletes in the 18km were Michael McCartney in a time of 2:07:18 and for the females Sonja Bijnsdorp in a time of 2:12:55. Both athletes in third place in their respective age categories.

There were some close results in the age category results for the 18km.

We have reported already the placegetters for the event who were all in the 16-39 age group taken out by Daniel Plowright.

The 16-39 female category was won as highlighted earlier by Emily Ritter from Toni Gracia leaving the flat lands of Swan Hill to make the visit. Parkrun tourist and trail running guru Rhianna Wik-Gamble in third place from Bendigo just over the 2 hour mark.

Castlemaine took line honours for the 40-54 male event with Gary Schurr 1:41:10 taking the win. With Run the Maine coming up in a few week's time he will be hard to catch in the Masters age group if running. Dave Heath (Spring Gully) in 1:43:02 and Adrian Sbrugnera (Golden Square) in 1:45:48 took bronze in a high quality field as David Cripps, Peter Kinna and Danny Wells also broke the 1:50 barrier in a competitive age group.

The Bendigo University Athletics Club who had many of their trail running members run achieve medals and compete went one and two in the 40-54 female age group. Andrea Smith (Kennington) 2:05:50 was a few minutes in front of Trinity Sanderson (Spring Gully) 2:08:03 and local Maldon resident Sonja Bijnsdorp 2:12:55.

A quality run from our 55+ men's winner in Ballarat entrant Shane Mathews. An excellent time of 1:41:22, which was also 6th place of all runners. He was 19 minutes ahead of a good run by Kevin Walsh (Bendigo) 2:00:39 and Michael McCartney (Maldon) 2:07:18. Anthony Greaves 2:07:57 just behind this trio.

It was the event was age graded it would have likely seen either Shane Mathews or our female 55+ winner Jo-Anne Russell who ran 2:03:08 take that win. Just behind the winner was Jennifer Cullum who also ran a big race with a time of 2:08:55 to be in the top 7 of all the 38 females in the 9km event.

The 9km event was taken out by trail running specialist Craig Feurherdt from Bendigo who ran 45:15 over the 330 metres of elevation. A further 4 minutes back was another Bendigonian in Richard Martin. In third place was Blue Light Board Member Tim Forster of Doreen. It was a big win for experience with the 40-54 age group having the first three all faster than the younger athletes.

With the female 9km event we had the first two athletes finishing on the Bill Woodfull Recreation Reserve at the same time. It was 15 year old Tullie Rowe of Golden Square that took the honours in the time of 56:25. Rowe is also a Victorian Cross Country representative and former State Little Athletics 800m and 1500m champion. Just 18 seconds behind Rowe was Erin Williams of Bendigo and in third place was Janet Hodnett of Ascot who also was the winner of the female 40-54 age category.

First local athletes in the 9km was Adam Collyer in a time of 58:34 and for the females Lucy Phillips in a time of 1:05:42. Both athletes finishing in fourth place in their respective age categories.

Other results in the event categories in the 9km events saw some exciting battles over the 330 metres of elevation.

From the 11-39 male group Eamonn Nolan (Miners Rest) 52:14 won well from talented 13yo Max Rowe (Golden Square) and Xavier Duthie (Hawthorn) 58:34 who crossed the line at the same time as Adam Collyer (Buninyong).

The 16-39 age group went one and two in line honours with reported earlier Tullie Rowe and Erin Williams and running into third place was Jessica Chaplin (Barkers Creek) in a time of 1:10:53.

Highlighted earlier the 40-54 men's age group took the first three placings also over the line headed by Craig Feurherdt.

The 40-54 female age group was won comfortably by Janet Hodnett in 1:01:42. Second and third was closer with Sheridan Hall (Maiden Gully) and Ev Van Den Broeke (Eppalock) both crossing in a time of 1:05:38.

To the men's 55+ and running veteran Gavin Fiedler (White Hills) was having his first proper trail event. The experienced cross country runner and triathlete blitzed his rivals to win in 1:09:56. Kevin Johnson made the long trip up from Seaford to run 1:32:04 and Martin Jacobson 1:44:02 (Craigieburn) were second and third respectively.

The 9km female event was an absolute nail biter but not for first. Julie Flynn 1:14:57 could have stopped for a cuppa at the Maldon Café. She obviously ran for most of the mountainous trip and next best 47 minutes later came the brisk walkers both from Maldon. Second was Glenda Millard 2:01:16 and in a bunched finish with Helen Whiteman 2:04:46 taking the bronze medal. Two seconds later

was Sharon Telford, another 17 seconds back Judy Hill and just another minute back was Blue Light President Deb Robertson. Maybe if the latter ladies had a bit of a gallop down Fountain Track from the top of Mt Tarrangower we could have had an even tighter finish for the minor placings.

The 1500 metre event was won by Lysander Tansley from Sebastian Stewart.

Lastly and not least we want to mention Lauren Lawrence. Unlike so many other events we really had no time limit to finish. Lauren finished the course to then just a small but vocal group of spectators and volunteers in a time of 3:48:07 for the 9km. Encouraged all the way by family member Raelene Brown and our two Tail End Charlies in Claire Turner and Campbell Martin, this was a performance that was inspiring. In her first fun run/walk event she couldn't have picked a tougher adventure and challenge especially compared to the flatness of Nyah West her home town. The event and an objective of Blue Light is to have inclusive communities and we will always encourage the Lauren Lawrence's of the world to have a crack and go outside your comfort zone to achieve your objectives. It was emotional scenes over the finish line and Lauren achieved what others did. Finish!

Event Results are listed on the following pages. If there are any remaining issues, please email Craig at manager@bluelightcamp.com. For those that entered later the finisher medals have also been ordered, go back into production and will be sent out during October.

If you belong to athletics club, community group or the like and would like to stay at the camp and make a club weekend of a cross country run, please email us. We will organise your Parks Victoria permits and the course marking (there are many tracks around here and also easier than what you faced on the weekend). It is certainly a way that would add something different to a club and a great morale booster for any club.

Before signing off, thank you to all the participants that assisted and took part in the event. That in turn assists the Victorian Blue Light Youth Camp in catering to the needs of school camp guests, community groups and vulnerable youth. Big thanks also to all the volunteers who assisted with the event. Without your assistance events right around the world cannot happen.

Kind Regards,
Craig Green – Event Director

18KM - 2019 BLUE LIGHT HEART OF THE GOLDFIELDS ADVENTURE

First Name	Surname	Town	Age Group	Time	Placed in Age Group Category	Placing in Gender	Overall Placing
Daniel	Plowright	Kangaroo Flat	M16-39	1:31:16	1	1	1
Liam	Johnson	Newington	M16-39	1:32:48	2	2	2
Bill	Meeker	Black Hill	M16-39	1:37:25	3	3	3
Emily	Ritter	Prahan	F16-39	1:40:33	1	1	4
Gary	Schurr	Castlemaine	M40-54	1:41:10	1	4	5
Shane	Mathews	Ballarat	M55+	1:41:22	1	5	6
Gerard	O'shaughnessy	Ashburton	M16-39	1:42:02	4	6	7
Dave	Heath	Spring Gully	M40-54	1:43:02	2	7	8
Toni	Gracia	Swan Hill	F16-39	1:43:42	2	2	9
Adrian	Sbrugnera	Golden Square	M40-54	1:45:48	3	8	10
David	Cripps	Quarry Hill	M40-54	1:47:26	4	9	11
Peter	Kinna	Dingley	M40-54	1:48:41	5	10	12
Greg	Carter	Marong	M16-39	1:48:44	5	11	13
Danny	Wells	Strathfieldsaye	M40-54	1:48:45	6	12	14
Christopher	Reid	Westmeadows	M16-39	1:56:06	6	13	15
Mathew	Schubert	Golden Square	M16-39	1:56:54	7	14	16
Trav	Edwards	Strathfieldsaye	M40-54	1:56:55	7	15	17
Tim	Noonan	Maiden Gully	M40-54	1:57:21	8	16	18
Kevin	Walsh	Bendigo	M55+	2:00:39	2	17	19
Marcus	Lockwood	Prahan	M16-39	2:02:38	8	18	20
Jo-Anne	Russell	Spring Gully	F55+	2:03:08	1	3	21
Karl	Stoltz	Kennington	M40-54	2:04:05	9	19	22
Rhianna	Wik-Gamble	Bendigo	F16-39	2:04:19	3	4	23
Andrea	Smith	Kennington	F40-54	2:05:50	1	5	24
Michael	Mccartney	Maldon	M55+	2:07:18	3	20	25
Michael	Rice	Marong	M16-39	2:07:30	9	21	26
Adam	Scoles	Yapeen	M16-39	2:07:57	10	22	27
Anthony	Greaves	Castlemaine	M55+	2:07:57	4	23	28
Trinity	Sanderson	Spring Gully	F40-54	2:08:03	2	6	29
Darren	Rowe	Golden Square	M40-54	2:08:04	10	24	30
Jennifer	Cullum	Craigie	F55+	2:08:55	2	7	31
Peter	Hill	Castlemaine	M55+	2:12:52	5	25	32
Sonja	Bijnsdorp	Maldon	F40-54	2:12:55	3	8	33
Daniel	Foulds	Bendigo	M16-39	2:16:55	11	26	34
William	Nixon	Romsey	M16-39	2:19:38	12	27	35
Gavin	Vanstone	Faraday	M40-54	2:21:30	11	28	36
Daniel	Rowell	Strathfieldsaye	M40-54	2:21:41	12	29	37
Jeremy	Draper	Maiden Gully	M40-54	2:26:18	13	30	38
Emma	Auld	Kew	F40-54	2:28:12	4	9	39

18KM - 2019 BLUE LIGHT HEART OF THE GOLDFIELDS ADVENTURE (continued)

First Name	Surname	Town	Age Group	Time	Placed in Age Group Category	Placing in Gender	Overall Placing
Michael	Constable	Castlemaine	M40-54	2:29:11	14	31	40
Leah	Cripps	Quarry Hill	F40-54	2:29:36	5	10	41
Maree	Platt	Bendigo	F40-54	2:32:32	6	11	42
Nick	Morrow	Maiden Gully	M16-39	2:38:25	13	32	43
Nicky	Rose	Maldon	F40-54	2:39:38	7	12	44
Sue	Anderton	Marong	F40-54	2:42:17	8	13	45
Deanna	Marshall	Strathfieldsaye	F40-54	2:42:18	9	14	46
Sue	Taylor	Spring Gully	F40-54	2:42:19	10	15	47
Justine	Rowe	Golden Square	F40-54	2:42:29	11	16	48
Ashley	Grant	Maiden Gully	M16-39	2:43:52	14	33	49
Malcolm	Romeril	Junortoun	M40-54	2:43:53	15	34	50
Chris	Lakey	Marong	M16-39	2:53:51	15	35	51
Justin	Mcewan	Marong	M16-39	2:53:51	16	36	52
Kathleen	Pleasants	Mandurang South	F40-54	2:59:31	12	17	53
Berenice	Bedggood	Swan Hill	F16-39	3:05:13	4	18	54
Samuel	Goddard	Kennington	M40-54	3:09:55	16	37	55
Melissa	Debnam	Marong	F16-39	3:11:59	5	19	56
Mindy	Bell	Junortoun	F40-54	3:36:43	13	20	57
Donna	Romeril	Axedale	F40-54	3:36:43	14	21	58
Nathan	Green (Tail-end Charlie)	Golden Square	M16-39	3:36:43	17	38	59
Max	Carson	Calival	M55+	Injured at 16km	DNF	DNF	DNF
Dean	Stewart	Maiden Gully	M40-54	DNF	DNF	DNF	DNF
Cat	Hughes	Eaglehawk	F16-39	DNS	DNS	DNS	DNS
Joshua	Collingwood	Ballarat North	M40-54	DNS	DNS	DNS	DNS
Jo	Taylor	Mollonghip	F40-54	DNS	DNS	DNS	DNS
Peter	Walsh	Thornbury	M40-54	DNS	DNS	DNS	DNS

If there are any issues with results, please email manager@bluelightcamp.com

9KM - 2019 BLUE LIGHT HEART OF THE GOLDFIELDS ADVENTURE

First Name	Surname	Town	Age Group	Time	Placed in Age Group Category	Placing in Gender	Overall Placing
Craig	Feurherdt	Bendigo	M40-54	0:45:15	1	1	1
Richard	Martin	Bendigo	M40-54	0:49:45	2	2	2
Tim	Forster	Doreen	M40-54	0:51:06	3	3	3
Eamonn	Nolan	Miners Rest	M11-39	0:52:14	1	4	4
Chris	Timewell	Castlemaine	M40-54	0:55:54	4	5	5
Tullie	Rowe	Golden Square	F11-39	0:56:25	1	1	6
Erin	Williams	Bendigo	F11-39	0:56:43	2	2	7
Max	Rowe	Golden Square	M11-39	0:57:25	2	6	8
Xavier	Duthie	Hawthorn	M11-39	0:58:34	3	7	9
Adam	Collyer	Buninyong	M11-39	0:58:34	4	8	10
Janet	Hodnett	Ascot	F40-54	1:01:42	1	3	11
Ross	Douglas	Huntly	M40-54	1:04:03	5	9	12
David	Morson	Coburg	M11-39	1:05:09	5	10	13
Sheridan	Hall	Maiden Gully	F40-54	1:05:38	2	4	14
Ev	Van Den Broeke	Eppalock	F40-54	1:05:38	3	5	15
Lucy	Phillips	Maldon	F40-54	1:05:42	4	6	16
Craig	Graham	Eaglehawk	M40-54	1:06:18	6	11	17
Gavin	Fiedler	White hills	M55+	1:09:56	1	12	18
Angus	Layne	Maldon	M11-39	1:10:30	6	13	19
Jessica	Chaplin	Barkers Creek	F11-39	1:10:53	3	7	20
Kelli	Jones	Castlemaine	F40-54	1:10:56	5	8	21
Kaitlyn	Hough	Castlemaine	F11-39	1:10:57	4	9	22
Leah	Wells	Pascoe Vale	F40-54	1:12:11	6	10	23
Ilka	Barr	Thornbury	F11-39	1:14:29	5	11	24
Sonya	Walker	Junortoun	F40-54	1:14:37	7	12	25
Julie	Flynn	Bendigo	F55+	1:14:57	1	13	26
Jason	Anderton	Marong	M40-54	1:19:12	7	14	27
Megan	Mahon	West Melbourne	F11-39	1:19:58	6	14	28
Sarah	Altieri	Sunbury	F11-39	1:19:59	7	15	29
Elizabeth	Treweek	Romsey	F11-39	1:20:00	8	16	30
David	Appleby	Cardigan Village	M40-54	1:24:06	8	15	31
Isabella	Draper	Maiden Gully	F11-39	1:24:34	9	18	32
Renelle	Mcmanus	Flora Hill	F40-54	1:24:34	8	17	33
Louise	Layne	Maldon	F11-39	1:28:16	10	19	34
Kevin	Johnson	Seaford	M55+	1:32:04	2	16	35
Aida	Escall	Quarry Hill	F40-54	1:36:51	9	20	36
Andrew	Grinham	Maldon	M40-54	1:38:31	9	17	37
Wolfram	Dressler	Thornbury	M40-54	1:41:55	10	18	38
Jane	Nixon	Romsey	F40-54	1:42:02	10	21	39
Martin	Jacobson	Craigieburn	M55+	1:44:02	3	19	40

9KM - 2019 BLUE LIGHT HEART OF THE GOLDFIELDS ADVENTURE (CONTINUED)

First Name	Surname	Town	Age Group	Time	Placed in Age Group Category	Placing in Gender	Overall Placing
Genevieve	Draper	Maiden Gully	F11-39	1:44:49	11	22	41
Judith	Zimmermann	South Yarra	F40-54	1:44:49	11	23	42
Hamish	Draper	Maiden Gully	M11-39	1:46:39	7	20	43
Tony	Messenger	Murrumbeena	M55+	1:47:50	4	21	44
Amelia	Mitchell	Maiden Gully	F40-54	1:48:34	12	24	45
Helen	Beer	Epsom	F40-54	1:56:04	13	25	46
Tara	Brown	Tresco	F11-39	1:59:34	12	26	47
Hayley	Millard	Eaglehawk	F11-39	2:01:15	13	27	48
Glenda	Millard	Maldon	F55+	2:01:16	2	28	49
Helen	Whiteman	Maldon	F55+	2:04:46	3	29	50
Laura	Telford	Maldon	F11-39	2:04:47	14	30	51
Sharon	Telford	Maldon	F55+	2:04:48	4	31	52
Elsie	Telford	Maldon	F11-39	2:04:49	15	33	53
Kathleen	Whiteman	Maldon	F40-54	2:04:49	14	32	54
Judy	Hill	Castlemaine	F55+	2:05:05	5	34	55
Deb	Robertson	Camberwell	F55+	2:06:05	6	35	56
Kevin	Scott	Box Hill North	M55+	2:06:06	5	22	57
Bonnie	Nugent	Harcourt North	F11-39	2:11:09	16	36	58
Abbie	Hudson	Harcourt North	F11-39	2:11:10	17	37	59
Christine	Nugent	Harcourt North	F40-54	2:21:11	15	38	60
Lauren	Lawrence	Nyah West	F11-39	3:48:07	18	39	61
Raelene	Brown	Lalbert	F40-54	3:48:07	16	40	62
Campbell	Martin (Tail End Charlie)	Bendigo	M11-39	3:48:07	8	23	63
Claire	Turner (Tail end Charlie)	North Bendigo	F11-39	3:48:07	19	41	64
Fiona	Sherar	Thomastown	F11-39	DNS	DNS	DNS	DNS
Vanessa	Wiltshire	Heathcote	F40-54	DNS	DNS	DNS	DNS
Mitchell	Dyer	Camberwell	M11-39	DNS	DNS	DNS	DNS
Ian	Hoad	Sunbury	M55+	DNS	DNS	DNS	DNS

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1.5KM - 2019 BLUE LIGHT HEART OF THE GOLDFIELDS ADVENTURE

First Name	Surname	Town	Age Group	Time	Placed in Age Group Category	Placing in Gender	Overall Placing
Lysander	Tansley	Thornbury	M10+	0:08:58	1	1	1
Sebastian	Stewart	Mandurang South	M10+	0:08:59	2	2	2
Lachie	Edwards	Strathfieldsaye	M0-9	DNS	DNS	DNS	DNS
Liam	Carter	Marong	M0-9	DNS	DNS	DNS	DNS
Jemma	Carter	Marong	F0-9	DNS	DNS	DNS	DNS
Harry	Roberts	Castlemaine	M0-9	DNS	DNS	DNS	DNS
Jessica	Rogers	Strathdale	F0-9	DNS	DNS	DNS	DNS

If there are any issues with results, please email manager@bluelightcamp.com